# Wakefield council logo in purple and green writing

**Domestic Abuse - contact details for support**

**Updated June 2024**

**National Services**

**Refuge** [www.refuge.org.uk](http://www.refuge.org.uk) this service runs the **National Domestic Abuse Helpline** on

**0808 2000 247** [www.nationaldahelpline.org.uk](http://www.nationaldahelpline.org.uk) the 24/7 advice line can help you find refuge space and provides information & support. Live chat is also available. The website is comprehensive and available in different community languages, support for professionals is also available.

**Women’s Aid** <https://www.womensaid.org.uk>provides frontline services across the country including refuge. An online Live Chat service is available and there is a moderated **Survivors Forum** where victims can communicate with each other safely. There is support on the site for young people and under 14’s are directed to **The Mix** [Get Support - The Mix](https://www.themix.org.uk/get-support) for emotional support.

**Karma Nirvana** [www.karmanirvana.org.uk](http://www.karmanirvana.org.uk)  **0800 5999 247** This specialist confidential helpline is for all victim/survivors of forced marriage and honour-based abuse (HBA) available Mon to Fri, 9am to 5pm. The website is a good source of information both for professionals and those seeking support.

**Mankind Initiative** [www.mankind.org.uk](http://www.mankind.org.uk) Freephone **0808 800 117** (will not show on bills) or call **0182 333 4244 (**for those with inclusive minutes) this helpline is for men who are experiencing domestic abuse from female or male partners. The website provides lots of support and information, including how to access emergency accommodation, a Directory of Services is also available. Helpline available Mon to Fri, 10am to 4pm

**Men’s Advice Line** provided by Respect [www.mensadviceline.org.uk](http://www.mensadviceline.org.uk) Freephone **0808 801 0327** for men experiencing domestic abuse. A comprehensive website for victims and professionals which also enables e-mail contact and webchat, a wide range of information is available, user friendly. Advice Line available Mon to Fri, 10am to 5pm.

**galop**  [www.galop.org.uk](http://www.galop.org.uk) **0800 999 5428** This national helpline is for people identifying as LGBTQ+ who are experiencing domestic abuse.The website is comprehensive, the opening times of the helpline vary, you can leave a message, the service will call you back on request.

**National Stalking Helpline** (The Suzy Lamplugh Trust) [www.stalkinghelpline.org](http://www.stalkinghelpline.org) **0808 8020 300** the advice line is available for anyone who is or has been affected by stalking or harassment. The website is user friendly, lots of information. Check the website for helpline open times, these vary.

**Victim Support** [www.victimsupport.org.uk/homepage](http://www.victimsupport.org.uk/homepage) **0808 1689 111** is the national support line, which is open 24-7. You do not have to be referred by the Police or have a crime number. The website has lots of information about domestic abuse, and live chat is always available.

**Respect** <http://respectphoneline.org.uk/> **0808 802 40 40** Weekdays 10am to 5pm.The helpline is for anyone who wants to make changes, to stop using abusive behaviour. The website offers a great deal of information and support for those who choose to stop perpetrating abuse, as well as for supporting professionals, and family members.

**FGM Helpline** [Female Genital Mutilation - Prevent & Protect | NSPCC](https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/female-genital-mutilation-fgm/) call **0800 028 3550** weekdays 8am to 8pm, weekends 9am to 6pm, confidential for anyone affected by or worried about Female Genital Mutilation, the site also has information on domestic abuse. You can mail [help@nspcc.org.uk](mailto:help@nspcc.org.uk) directly.

**Signhealth** run by [The Deaf Health Charity - SignHealth](https://signhealth.org.uk/) Health and wellbeing support, including for victims of domestic abuse who are deaf, Text 07800 003421 to contact the Domestic Abuse Team.The websitehas a lot of information including video’s using BSL.

**Lumi Nova** is free to access for children and families in Wakefield District, providing digital therapeutic intervention for children, visit the [Lumi Nova - Free for families in Wakefield — Lumi Nova: Tales of Courage](https://luminova.app/wakefield) for 7 -12 year olds with mild to moderate anxiety.

**Servies available locally**

**Wakefield District Domestic Abuse Service** [domesticabuse@wakefield.gov.uk](mailto:domesticabuse@wakefield.gov.uk)

Call **0800 915 1561** open8.30am – 5pm weekdays (4.30pm Friday) [www.wakefield.gov.uk/SaferTogether](http://www.wakefield.gov.uk/SaferTogether) This page includes online referral to this specialist service which provides a range of support for women and men experiencing domestic abuse. Support for children living in safe accommodation is available,

**Marie House** call **07843 344457** Local refuge accommodation for women and children who need to access supported, safe accommodation due to domestic abuse. The high standard of accommodation is self-contained within a larger safe, staffed environment. Call to enquire about bedspace and to make a referral, extensive support offered to residents.

**Well Women Centre** [www.wellwomenwakefield.org.uk](http://www.wellwomenwakefield.org.uk) **01924 211114**

A By and For service for women that provides a wide range of support and advice. Counselling is available, as is a 12-week group work programme that can be beneficial for women who are or have experienced domestic abuse (The Freedom Programme).

**Rosalie Ryrie Foundation** [www.rosalieryriefoundation.org.uk](http://www.rosalieryriefoundation.org.uk) A voluntary sector service working with victims, children, families, and perpetrators of domestic abuse. Appointment only, call to discuss options on **07970 665012** or use the online referral form.

**Turning Point Talking Therapies** <https://talking.turning-point.co.uk/wakefield/> A free service for those aged 16yrs or over who are registered with a Wakefield District G.P. Provides a range of therapeutic interventions for stress, anxiety, low self-esteem, call **01924 234860** or self-referral via an online form, referrals also taken from G.P.

**GASPED** Call **01924 787501** [www.gasped.co.uk](http://www.gasped.co.uk) Practical and emotional support services to help male victims of domestic abuse, based in Wakefield (Man Matters)

**Rape and Sexual Abuse Centre** (RASAC) <https://www.kcrasac.co.uk/> therapeutic and advisory service for those aged 13+ who have experienced rape or sexual abuse. The helpline **0300 303 4787** is staffed various times, check website. For the local Sexual Assault Referral centre, visit this website [THE HAZLEHURST CENTRE - Home](http://www.hazlehurstcentre.org/)

**Cranstoun** [Domestic Abuse Support | Victims & Survivors | Cranstoun](https://cranstoun.org/help-and-advice/domestic-abuse/)  **‘**Men and Masculinities’ Domestic Abuse Perpatrators Intervention – a programme for men who have engaged in abusive behaviours in their relationships. Self or professional referral call **0114 321 1377** or email [adminDVA@cranstoun.org.uk](mailto:adminDVA@cranstoun.org.uk)

**Restore Families**  [Restore:Families (restorativesolutions.org.uk)](https://www.restorativesolutions.org.uk/what-we-do/restorative-practice/what-we-do-restore-families)A whole family intervention for those experiencing abusive behaviours from children living in the home. The remote sessions designed for families, and young people aged 10-17 years. For more information mail [JaneWignall@restorativesolutions.org.uk](mailto:JaneWignall@restorativesolutions.org.uk)

**Kirklees Council** [Domestic abuse | Kirklees Council](https://www.kirklees.gov.uk/beta/domestic-abuse/index.aspx)for those across the Wakefield boarder, the website will signpost you to the most appropriate number and service including the **Pennine Domestic Abuse Partnership** **0800 052 7222** - 24hrs helpline [Welcome to Pennine Domestic Abuse Partnership - PDAP](https://pdap.co.uk/)

**Wakefield Families Together** <https://www.wakefieldfamiliestogether.co.uk/>there are several bases across the district offering early help to children and their families. The website offers information about accessing this support, including domestic abuse support.

**Wakefield Council – Housing Needs Service** call **01924 304360** or **01924 304362**, mail [housingneedsservice@wakefield.gov.uk](mailto:housingneedsservice@wakefield.gov.uk) for advice and information for households at risk of becoming homeless, including those experiencing domestic abuse.